

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	8:30 am Walking Club (Resident led) 10:00 am America: The Story of Us (HR) 1:00 pm MOVIE A Million Miles Away (2023) (HR) 2:30-4:30 pm Mah Jongg (AR) 4:00 pm Bunco (LI)	8:30 am Exercise with Paxxon (FC) 9:00-10:00 am Hearing Aid Cleaning by HearingLife (HR) 10:00 am Welcome Committee Meeting (LI) 10:45 am Colorado Experience-Documentary (HR) 1:00 pm Mind Fit Class w/ Carrie from TheKey (HR) 2:00 pm Group Trivia (HR) 3:00 pm September Birthday Party- Everyone Welcome! (BI) 3:30 pm Eyemart Express services (HR)	Wear Purple for Alzheimer's Awareness 8:30 am Twist & Bend Seated Dance & Exercise (FC) 8:30 am- 12:00 pm Shopping trip (Any store)**(BUS) 10:00 am 9 Ball in the Bistro (BI) 2:00 pm Activities Meeting (HR) 3:00 pm Hand & Foot card game (MR) 4:00 pm Walking Club (Weather permitting)	8:30 am Exercise with Paxxon (FC) 10:00am- noon Craft Corner (AR) 11:00 am Jeopardy (HR) 1:00 pm The Chosen Season 5 (HR) 3:00 pm B-I-N-G-O with Right at Home (DR) 6:15 pm NFL Kickoff Game (BI/HR)	National Cheese Pizza Day 8:30 am Exercise with Paxxon (FC) 11:00 am Manitou Springs Lunch & Shopping \$\$ (BUS)** 10:30 am Coffee Talk with Chef Melissa (HR) 1:00 pm MOVIE USS Indianapolis: Men of Courage (2016) (HR) 1:30 pm Go Team Therapy Dogs (LI) 4:00 pm Happy Hour Appetizers & Drinks- With George Sisneros (BI)	10:00 am 9 Ball in the Bistro (BI) 1:30 pm Warm Hearts Knitting and Crochet (LI) 2:00 pm Cards/Games *resident led (BI) 2:00 pm Art Class with Amanda (AR)
Labor Day						
Religious Services Transportation Available 10:00 am America: The Story of Us (HR) 2:30 pm Colorado Springs Baptist Church Service (HR) 4:00 pm When Calls the Heart (HR)	8:30 am Exercise with Paxxon (FC) 10:00 am Blood Pressure Clinic- Optimal/Paxxon (HR) 1:00 pm MOVIE The Last Rifleman (2024) (HR) 2:30-4:30 pm Mah Jongg (AR) 3:00 pm B-I-N-G-O (DR) 4:00 pm Bunco (LI) 6:15 pm Monday Night Football (BI/HR)	National Care Bears Day- Wear colorful colors! 8:30 am Exercise with Paxxon (FC) 10:45 am Colorado Experience-Documentary (HR) 1:00 pm Mind Fit Class w/ Carrie from TheKey (HR) 2:00 pm Book Club (AR) 2:00 pm Group Trivia (HR) 3:00 pm Social Hour serving charcuterie tray (BI) 6:30 pm Movie Night (Resident Choice) (HR)	Wear Purple for Alzheimer's Awareness 8:30 am- 12:00 pm Shopping trip (Any store)**(BUS) 9:30 am Zumba with Delaney (FC) 10:00 am 9 Ball in the Bistro (BI) 10:45 am Women's Bible Study (AR) 2:00 pm Town Hall Meeting/Foodie Meeting (HR) 3:00 pm Hand & Foot card game (MR) 4:00 pm Walking Club (Weather permitting)	8:30 am Exercise with Paxxon (FC) 10:00 am Learn to play different card games (MR) 10:00 am Catholic Communion (AL-T) 11:00 am Jeopardy (HR) 1:00 pm The Chosen Season 5 (HR) 3:00 pm B-I-N-G-O with Flagship Health (DR) 6:15 pm Thursday Night NFL Football (BI/HR)	8:30 am Exercise with Paxxon (FC) 10:00 am Garden of the Gods Scenic Drive & Visitor Center (BUS)** 1:00 pm MOVIE Conclave (2024) (HR) 4:00 pm Happy Hour Appetizers & Drinks- With Oasis Band (BI)	10:00 am 9 Ball in the Bistro (BI) 1:30 pm Warm Hearts Knitting and Crochet (AR) 2:00 pm Cards/Games *resident led (AR)
Grandparents Day						
Religious Services Transportation Available 10:00 am America: The Story of Us (HR) 2:00 pm Celebration of Life for Donna Daniello (HR) 4:00 pm When Calls the Heart (HR)	8:30 am Exercise with Paxxon (FC) 1:00 pm MOVIE On a Wing and a Prayer (2023) (HR) 2:30-4:30 pm Mah Jongg (AR) 3:00 pm B-I-N-G-O with Mason Law (DR) 4:00 pm Bunco (LI) 6:15 pm Monday Night Football (BI/HR) *Deadline for donation drop off at Concierge!*	VVA Donation Pickup 8:30 am Exercise with Paxxon (FC) 10:30 am PPLD Library Stop (LO) 10:45 am Colorado Experience-Documentary (HR) 1:00 pm Mind Fit Class w/ Carrie from TheKey (HR) 2:00 pm Group Trivia (HR) 3:00 pm Social Hour serving different chocolate treats (BI) 6:30 pm Movie Night (Resident Choice) (HR)	Wear Purple for Alzheimer's Awareness 8:30 am Twist & Bend Seated Dance & Exercise (FC) 8:30 am- 12:00 pm Shopping trip (Any Store)**(BUS) 10:00 am 9 Ball in the Bistro (BI) 11:00 am-3:00 pm Graceful Garb Boutique (Outside Bistro- in driveway) 2:00 pm Hand & Foot card game (MR) 4:00 pm Walking Club (Weather permitting)	8:30 am Exercise with Paxxon (FC) 10:00am- noon Craft Corner- (AR) 11:00 am Jeopardy (HR) 1:00 pm The Chosen Season 5 (HR) 3:00 pm B-I-N-G-O with Anova Care (DR) 6:15 pm Thursday Night NFL Football (BI/HR)	8:30 am Exercise with Paxxon (FC) 10:00 am Fall Colors Scenic Drive & Lunch Out \$\$ (BUS)** 10:30 am Coffee Talk with Chef Melissa (HR) 1:00 pm MOVIE The Greatest Showman (2017) (HR) 4:00 pm Happy Hour Appetizers & Drinks- With Charlie Katz (BI)	10:00 am 9 Ball in the Bistro (BI) 1:30 pm Warm Hearts Knitting and Crochet (AR) 2:00 pm Cards/Games *resident led (BI)
Religious Services Transportation Available 10:00 am America: The Story of Us (HR) 2:30 pm Colorado Springs Baptist Church Service (HR) 4:00 pm When Calls the Heart (HR)	8:30 am Exercise with Paxxon (FC) 1:00 pm MOVIE Horse Soldiers (1959) (HR) 2:30-4:30 pm Mah Jongg (AR) 3:00 pm B-I-N-G-O (DR) 4:00 pm Bunco (LI) 6:15 pm Monday Night Football (BI/HR)	8:30 am Exercise with Paxxon (FC) 10:45 am Colorado Experience-Documentary (HR) 1:00 pm Mind Fit Class w/ Carrie from TheKey (HR) 2:00 pm Book Club (AR) 2:00 pm Group Trivia (HR) 3:00 pm Social Hour serving hot chocolate & cookies (BI) 6:30 pm Movie Night (Resident Choice) (HR)	Wear Purple for Alzheimer's Awareness 8:30 am- 12:00 pm Shopping trip (Any Store)**(BUS) 9:30 am Zumba with Delaney (FC) 10:00 am 9 Ball in the Bistro (BI) 10:45 am Women's Bible Study (AR) 2:00 pm Hand & Foot card game (BI) 3:00 pm Story Creations Dog Show- Dog Stars (HR)	Wear Red for Apple Month! 8:30 am Exercise with Paxxon (FC) 10:00 am Learn to play different card games (MR) 10:00 am Catholic Communion (AL-T) 11:00 am Jeopardy (HR) 1:00 pm The Chosen Season 5 (HR) 2:00 pm Travel to Mexico Documentary (HR) 3:00 pm B-I-N-G-O (DR) 4:00 pm Taste of Mexico Chef Demo (HR) 6:15 pm Thursday Night NFL Football (BI/HR)	8:30 am Exercise with Paxxon (FC) 10:30 am Coffee Talk with Chef Melissa (HR) 1:00 pm MOVIE Maid in Manhattan (2002) (HR) 4:00 pm Happy Hour Appetizers & Drinks-With Lone Wolf (BI) 5:00 pm Iron Springs Chateau Dinner & Play "Farther North to Laughter...or...Buck of the Yukon" \$\$ (BUS)**	Alzheimer's Walk 10:00 am 9 Ball in the Bistro (BI) 10:30 am Alzheimer's Walk at Melody Living (Meet in the lobby and we will walk outside) 11:00 am Entertainment by Terry Stillwell (CY) 1:30 pm Warm Hearts Knitting and Crochet (AR) 2:00 pm Cards/Games *resident led (BI)
Religious Services Transportation Available 10:00 am America: The Story of Us (HR) 11:00 am NFL Football (BI/HR) 2:00 pm NFL Football (BI/HR) 4:00 pm When Calls the Heart (HR)	8:30 am Exercise with Paxxon (FC) 1:00 pm MOVIE Me Before You (2016) (HR) 2:30-4:30 pm Mah Jongg (AR) 3:00 pm BIG B-I-N-G-O (DR) 4:00 pm Bunco (LI) 6:15 pm Monday Night Football Broncos vs Bengals (BI/HR)	8:30 am Exercise with Paxxon (FC) 10:45 am Colorado Experience-Documentary (HR) 1:00 pm Mind Fit Class w/ Carrie from TheKey (HR) 2:00 pm Group Trivia (HR) 3:00 pm New Resident Social- Everyone Welcome! Serving hot cider & donuts (BI) 6:30 pm Movie Night (Resident Choice) (HR)				

STC- All activities subject to change due to weather, etc.

**Must Sign up

\$\$Resident pays for their own

HR: Harmony Room MR: Melody Room LI: Library CY: Courtyard BI: Bistro DR: Main Dining Room AR: Art Room PA: Bistro Patio BUS: Bus LO: Lobby FC: Fitness Center PDR: Private Dining AL-Assisted Living