

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		8:30 am Exercise with Paxxon (FC) 1 10:30 am What's Brewing?? (BI) <b>10:30 am PPLD Library Stop (AL LO)</b> 10:45 am Colorado Experience-Documentary (HR) <b>1:30 pm Welcome Committee Meeting (LI)</b> 2:00 pm Group Trivia (HR) <b>3:00 pm July Birthday Party- Everyone Welcome! (BI)</b>	8:30 am Twist & Bend Seated Dance & Exercise (FC) 2 <b>8:30 am- 12:00 pm Shopping trip (Any store)**(BUS)</b> 10:00 am 9 Ball in the Bistro (BI) 10:30 am What's Brewing? (BI) 10:45 am Women's Bible Study (AR) <b>2:00 pm Activities Meeting (HR)</b> 3:00 pm Hand & Foot card game (BI) 4:00 pm Walking Club (Weather permitting)	8:30 am Exercise with Paxxon (FC) 3 10:30am What's Brewing(BI) 11:00 am Jeopardy (HR) 1:00 pm TED Talks (HR) <b>3:00 pm B-I-N-G-O (DR)</b>	<b>10:00 am Quilts of Valor Ceremony for Veterans (HR) 4</b> <b>12-2:00 pm Fourth of July Cookout</b> <b>2:00 pm Musical Performance by George Sisneros (BI)</b>	10:00 am 9 Ball in the Bistro (BI) 5 <b>1:30 pm Warm Hearts Knitting and Crochet (AR)</b> 2:00 pm Cards/Games *resident led (BI)
Religious Services 6 Transportation Available  4:00 pm When Calls the Heart (HR)	8:30 am Exercise with Paxxon (FC) 7 <b>10:00 am Exercise Equipment Tutorial with Paxxon (FC)</b> 10:30 am What's Brewing?? (BI) 1:00 pm MOVIE Mickey (2001) (HR) 2:30-4:30 pm Mah Jongg (AR) <b>3:00 pm B-I-N-G-O (DR)</b> 4:00 pm Bunco (BI)	8:30 am Exercise with Paxxon (FC) 8 <b>10:00 am The Lodge Pool Drop Off (BUS)**</b> 10:30 am What's Brewing?? (BI) 10:45 am Colorado Experience-Documentary (HR) <b>11:30 am Pick Up from Pool (BUS)**</b> 2:00 pm Book Club (AR) 2:00 pm Group Trivia (HR) <b>3:00 pm Melody Living Health Fair with Paxxon, HearingLife, &amp; Eyemart Express (HR/FC)</b>	8:30 am Exercise with Paxxon (FC) 9 <b>8:30 am- 12:00 pm Shopping trip (Any store)**(BUS)</b> 10:00 am 9 Ball in the Bistro (BI) <b>10:30 am "Balance Care Method" Talk by Carrie from TheKey (HR)</b> 10:45 am Women's Bible Study (AR) <b>2:00 pm Town Hall Meeting/Foodie Meeting (HR)</b> 3:00 pm Hand & Foot card game (BI) 4:00 pm Walking Club (Weather permitting)	8:30 am Exercise with Paxxon (FC) 10 <b>10:00 am Catholic Communion (AL-T)</b> 10:30am What's Brewing (BI) 11:00 am Jeopardy (HR) <b>1:30 pm Presentation by St. James Team Realty (HR)</b> <b>3:00 pm B-I-N-G-O (DR)</b> <b>5:00 pm Dinner Club **(BI)</b>  National Pina Colada Day	8:30 am Exercise with Paxxon (FC) 11 <b>9:30 am Denver Botanic Gardens &amp; Lunch at Cafe \$\$ (BUS)**</b> 10:30am What's Brewing (BI) 1:00 pm MOVIE Anthropoid (2016) (HR) <b>4:00 pm Happy Hour Appetizers &amp; Drinks- With Terry L. Stillwell</b>	10:00 am 9 Ball in the Bistro (BI) 12 <b>1:30 pm Warm Hearts Knitting and Crochet (AR)</b> 2:00 pm Cards/Games *resident led (BI)
Religious Services 13 Transportation Available  <b>2:30 pm Colorado Springs Baptist Church Service (HR)</b> 4:00 pm When Calls the Heart (HR)	8:30 am Exercise with Paxxon (FC) 14 <b>10:00 am Blood Pressure Clinic- Optimal/Paxxon (HR)</b> 10:30 am What's Brewing?? (BI) 1:00 pm MOVIE Pink Panther (2006) (HR) 2:30-4:30 pm Mah Jongg (AR) <b>3:00 pm B-I-N-G-O (DR)</b> 4:00 pm Bunco (BI)  *Deadline for donation drop off at Concierge!*	<b>VVA Donation Pickup 15</b> 8:30 am Exercise with Paxxon (FC) <b>10:00 am Grief Support Group (AR)</b> 10:30 am What's Brewing?? (BI) <b>10:30 am PPLD Library Stop (LO)</b> 10:45 am Colorado Experience-Documentary (HR) 2:00 pm Group Trivia (HR) <b>3:00 pm "Wine &amp; Wills" Talk by Mason Law (HR)</b>	8:30 am Twist & Bend Seated Dance & Exercise (FC) 16 <b>8:30 am- 12:00 pm Shopping trip (Any Store)**(BUS)</b> 10:00 am 9 Ball in the Bistro (BI) 10:30 am What's Brewing? (BI) 10:45 am Women's Bible Study (AR) 2:00 pm Hand & Foot card game (BI) 4:00 pm Walking Club (Weather permitting)	8:30 am Exercise with Paxxon (FC) 17 <b>10:00am- noon Craft Corner-Sparklers for Wreath (AR)</b> 10:30am What's Brewing (BI) 11:00 am Jeopardy (HR) <b>1:30 pm 484th US Army Reserves Woodwinds Music Recital (HR)</b> <b>3:00 pm B-I-N-G-O with Flagship Health (DR)</b> <b>5:00 pm Dinner Club **(BI)</b>	8:30 am Exercise with Paxxon (FC) 18 <b>10:00 am Pueblo Riverwalk &amp; Lunch \$\$ (BUS)**</b> <b>10:30 am Coffee Talk with Chef Melissa (HR)</b> 1:00 pm MOVIE Coach Carter (2005) (HR) <b>1:30 pm Go Team Therapy Dogs (LI)</b> <b>4:00 pm Happy Hour Appetizers &amp; Drinks- With Charlie Katz (BI)</b>	10:00 am 9 Ball in the Bistro (BI) 19 <b>1:30 pm Warm Hearts Knitting and Crochet (AR)</b> 2:00 pm Cards/Games *resident led (BI)
Religious Services 20 Transportation Available  4:00 pm When Calls the Heart (HR)	8:30 am Exercise with Paxxon (FC) 21 10:30 am What's Brewing?? (BI) 1:00 pm MOVIE The Three Musketeers (1993) (HR) 2:30-4:30 pm Mah Jongg (AR) <b>3:00 pm B-I-N-G-O with Mason Law (DR)</b> 4:00 pm Bunco (BI)	8:30 am Exercise with Paxxon (FC) 22 <b>10:00 am The Lodge Pool Drop Off (BUS)**</b> <b>10:00 am Grief Support Group (AR)</b> 10:30 am What's Brewing?? (BI) 10:45 am Colorado Experience-Documentary (HR) <b>11:30 am Pick Up from Pool (BUS)**</b> 2:00 pm Book Club (AR) 2:00 pm Group Trivia (HR) 3:00 pm Social Hour serving mango smoothies (CY)	8:30am Exercise with Paxxon (FC) 23 <b>8:30 am- 12:00 pm Shopping trip (Any Store)**(BUS)</b> 10:00 am 9 Ball in the Bistro (BI) 10:30 am What's Brewing? (BI) 10:45 am Women's Bible Study (AR) 2:00 pm Hand & Foot card game (BI) 4:00 pm Walking Club (Weather permitting)	8:30 am Exercise with Paxxon (FC) 24 <b>10:00 am Catholic Communion (AL-T)</b> 10:30am What's Brewing (BI) 11:00 am Jeopardy (HR) <b>1:00 pm Piano Sing-a-long with Lynn</b> <b>3:00 pm B-I-N-G-O (DR)</b>	8:30 am Exercise with Paxxon (FC) 25 <b>10:30 am Coffee Talk with Chef Melissa (HR)</b> <b>11:00 pm Lunch Bunch Woodland Park Restaurant/Donut Shop \$\$ (BUS)**</b> 1:00 pm MOVIE Guns of Navarone (1961) (HR) <b>4:00 pm Happy Hour Appetizers &amp; Drinks-With Lone Wolf (BI)</b>	10:00 am 9 Ball in the Bistro (BI) 26 <b>1:30 pm Warm Hearts Knitting and Crochet (AR)</b> 2:00 pm Cards/Games *resident led (BI)
Religious Services 27 Transportation Available  <b>2:30 pm Colorado Springs Baptist Church Service (HR)</b> 4:00 pm When Calls the Heart (HR)	8:30 am Exercise with Paxxon (FC) 28 10:30 am What's Brewing?? (BI) 1:00 pm MOVIE New in Town (2009) (HR) 2:30-4:30 pm Mah Jongg (AR) <b>3:00 pm B-I-N-G-O (DR)</b> 4:00 pm Bunco (BI)	8:30 am Exercise with Paxxon (FC) 29 10:30 am What's Brewing?? (BI) 10:45 am Colorado Experience-Documentary (HR) 2:00 pm Group Trivia (HR) <b>3:00 pm New July Resident Social- Everyone Welcome! Serving cheesecake bites (BI)</b>	8:30am Exercise with Paxxon (FC) 30 <b>8:30 am- 12:00 pm Shopping trip (Any Store)**(BUS)</b> 10:00 am 9 Ball in the Bistro (BI) 10:30 am What's Brewing? (BI) 10:45 am Women's Bible Study (AR) 2:00 pm Hand & Foot card game (BI) 4:00 pm Walking Club (Weather permitting)	8:30 am Exercise with Paxxon (FC) 31 <b>10:00am- noon Craft Corner-Summer decorations for Wreath (AR)</b> 10:30am What's Brewing (BI) 11:00 am Jeopardy (HR) <b>2:00 pm Travel to USA Documentary (HR)</b> <b>3:00 pm BIG B-I-N-G-O (DR)</b> <b>4:00 pm Taste of USA Chef Demo (HR)</b>		

DOW - All activities subject to change due to weather, etc.

\*\*Must Sign up

\$\$Resident pays for their own

HR: Harmony Room    MR: Melody Room    LI: Library    CY: Courtyard    BI: Bistro    DR: Main Dining Room    AR: Art Room    PA: Bistro Patio    BUS: Bus    LO: Lobby    FC: Fitness Center    PDR: Private Dining    AL-Assisted Living