

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



February 2026



Heart Healthy Month

Religious Services Transportation Available 4:00 pm When Calls the Heart (HR)	1 8:30 am Exercise with Paxxon (FC) 9:00-10:00 am Hearing Aid Cleaning by HearingLife (HR) 10:00 am Exercise Equipment Tutorial with Paxxon (FC) 1:00 pm MOVIE Groundhog Day (1993) (HR) 2:30-4:30 pm Mah Jongg (AR) 3:00 pm Love Your Heart B-I-N-G-O (DR) 4:00 pm Bunco (BI) *Beginning of Heart Healthy Month! Keep track of exercise activities!* Groundhog Day	2 8:30 am Exercise with Paxxon (FC) 10:45 am Colorado Experience- Documentary (HR) 2:00 pm Group Trivia (HR) 3:00 pm February Birthday Party- Everyone Welcome! (BI) 3:30 pm Eyemart Express services (HR) 7:00 pm Movie Night (Resident Choice) (HR)	3 8:30 am Twist & Bend Seated Dance & Exercise (FC) 8:30 am- 12:00 pm Shopping trip (Any store)**(BUS) 10:00 am Welcome Committee Meeting (LI) 10:00 am 9 Ball in the Bistro (BI) 10:45 am Women's Bible Study (AR) 2:00 pm Activities Meeting (HR) 3:00 pm Hand & Foot card game (MR)	4 8:30 am Exercise with Paxxon (FC) 10:00am- noon Craft Corner (AR) 11:00 am Jeopardy (HR) 3:00 pm B-I-N-G-O (DR)	5 8:30 am Exercise with Paxxon (FC) 10:30 am Coffee Talk with Chef (HR) 1:00 pm MOVIE Miracle (2004) (HR) 1:30 pm Ghost Town Museum \$\$ (BUS)** 1:30 pm Go Team Therapy Dogs (LI) 4:00 pm Happy Hour Appetizers & Drinks- With George Sisneros (BI) *Opening Ceremony of the 2026 Winter Olympic Games!*	6 10:00 am 9 Ball in the Bistro (BI) 1:30 pm Warm Hearts Knitting and Crochet (AR) 2:00 pm Cards/Games *resident led (BI)	7
Religious Services Transportation Available 2:30 pm Colorado Springs Baptist Church Service (HR) 4:30 pm Super Bowl Party (BI)	8 8:30 am Exercise with Paxxon (FC) 10:00 am Heart Healthy Living Talk by Paxxon (HR) 1:00 pm MOVIE Cool Runnings (1993) (HR) 2:30-4:30 pm Mah Jongg (AR) 3:00 pm B-I-N-G-O (DR) 4:00 pm Bunco (BI)	9 8:30 am Exercise with Paxxon (FC) 10:45 am Colorado Experience- Documentary (HR) 2:00 pm Book Club (AR) 2:00 pm Group Trivia (HR) 3:00 pm Talk by Vanguard Skin Specialists (HR) 7:00 pm Movie Night (Resident Choice) (HR)	10 8:30 am- 2:00 pm Healthy Foot Care Clinic ** (HR) 8:30 am- 12:00 pm Shopping trip (Any store)**(BUS) 9:30 am Zumba with Delaney (FC) 10:00 am 9 Ball in the Bistro (BI) 10:45 am Women's Bible Study (AR) 12:30-2:00 pm Veteran Photo Shoot (for those not already taken) (LI) 2:00 pm Town Hall Meeting/Foodie Meeting (HR) 3:00 pm Hand & Foot card game (MR)	11 8:30 am Exercise with Paxxon (FC) 10:00 am Catholic Communion (AL-T) 10:00 am Blood Pressure Clinic- Optimal/Paxxon/AL Nurse (HR) 10:00 am 9 Ball in the Bistro (BI) 10:45 am Women's Bible Study (AR) 12:30-2:00 pm Veteran Photo Shoot (for those not already taken) (LI) 2:00 pm Town Hall Meeting/Foodie Meeting (HR) 3:00 pm Hand & Foot card game (MR)	12 8:30 am Exercise with Paxxon (FC) 9:30 am-12:30pm- Mason Law's Solo Senior Valentine's Brunch & Bingo (BUS)** 1:00 pm MOVIE Something from Tiffany's (2022) (HR) 4:00 pm Valentine's Day Event (BI) 5:00-7:00 pm Girl Scout Cookie Sales (LI)	13 10:00 am 9 Ball in the Bistro (BI) 1:30 pm Warm Hearts Knitting and Crochet (AR) 2:00 pm Cards/Games *resident led (BI)	14 Valentine's Day
Religious Services Transportation Available 4:00 pm When Calls the Heart (HR)	15 8:30 am Exercise with Paxxon (FC) 1:00 pm MOVIE Saving Lincoln (2013) (HR) 2:30-4:30 pm Mah Jongg (AR) 3:00 pm B-I-N-G-O (DR) 4:00 pm Bunco (BI)	16 VVA Donation Pickup 8:30 am Exercise with Paxxon (FC) 10:30 am PPLD Library Stop (LO) 10:45 am Colorado Experience- Documentary (HR) 2:00 pm Group Trivia (HR) 4:00 pm Mardi Gras Party- With George Sisneros (BI) 7:00 pm Movie Night (Resident Choice) (HR) Mardi Gras Chinese New Year (Year of the Horse)	17 8:30 am Twist & Bend Seated Dance & Exercise (FC) 8:30 am- 12:00 pm Shopping trip (Any Store)**(BUS) 10:00 am 9 Ball in the Bistro (BI) 2:00 pm Hand & Foot card game (MR) 3:00 pm Habitat for Humanity Informational Talk (HR)	18 8:30 am Exercise with Paxxon (FC) 10:00am- noon Craft Corner (AR) 11:00 am Jeopardy (HR) 3:00 pm B-I-N-G-O (DR) 5:00 pm Dinner Club (BI)	19 8:30 am Exercise with Paxxon (FC) 10:30 am Miramont Castle Tea Party \$\$ (BUS) 1:00 pm MOVIE The Boys in the Boat (2023) (HR) 4:00 pm Happy Hour Appetizers & Drinks- With Charlie Katz (BI)	20 10:00 am 9 Ball in the Bistro (BI) 1:30 pm Warm Hearts Knitting and Crochet (AR) 2:00 pm Cards/Games *resident led (BI)	21
Religious Services Transportation Available 2:30 pm Colorado Springs Baptist Church Service (HR) 4:00 pm When Calls the Heart (HR) *Closing Ceremony of the 2026 Winter Olympic Games!*	22 8:30 am Exercise with Paxxon (FC) 1:00 pm MOVIE Ice Castles (2010) (HR) 2:30-4:30 pm Mah Jongg (AR) 3:00 pm B-I-N-G-O (DR) 4:00 pm Bunco (BI)	23 8:30 am Exercise with Paxxon (FC) 10:45 am Colorado Experience- Documentary (HR) 2:00 pm Book Club (AR) 2:00 pm Group Trivia (HR) 3:00 pm New Resident Social- Everyone Welcome! Serving chips & guacamole/salsa (BI) 7:00 pm Movie Night (Resident Choice) (HR)	24 8:30 am- 12:00 pm Shopping trip (Any Store)**(BUS) 9:30 am Zumba with Delaney (FC) 10:00 am 9 Ball in the Bistro (BI) 10:45 am Women's Bible Study (AR) 2:00 pm Hand & Foot card game (MR) 3:00 pm Story Creations Dog Show (HR)	25 8:30 am Exercise with Paxxon (FC) 10:00am- noon Craft Corner (AR) 11:00 am Jeopardy (HR) 2:00 pm Travel to Australia Documentary (HR) 3:00 pm BIG B-I-N-G-O (DR) 4:00 pm Taste of Australia Chef Demo (HR)	26 8:30 am Exercise with Paxxon (FC) 10:30 am Coffee Talk with Chef (HR) 11:00 am Lunch Bunch La Bella Vita Italian Restaurant \$\$ (BUS)** 1:00 pm MOVIE Race (2016) (HR) 4:00 pm Happy Hour Appetizers & Drinks- With Lone Wolf (BI) *End of Heart Healthy Month- Tally of all exercise logs and prizes will be given!*	27 10:00 am 9 Ball in the Bistro (BI) 1:30 pm Warm Hearts Knitting and Crochet (AR) 2:00 pm Cards/Games *resident led (BI)	28

STC - All activities subject to change due to weather, etc.

**Must Sign up

\$\$Resident pays for their own

HR: Harmony Room MR: Melody Room LI: Library CY: Courtyard BI: Bistro DR: Main Dining Room AR: Art Room PA: Bistro Patio BUS: Bus LO: Lobby FC: Fitness Center PDR: Private Dining: AL-Assisted Living