

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

January 2026						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
Religious Services Transportation Available  4:00 pm When Calls the Heart (HR)	4 8:30 am Exercise with Paxxon (FC) 9:00-10:00 am Hearing Aid Cleaning by HearingLife (HR) 10:00 am Exercise Equipment Tutorial with Paxxon (FC) 1:00 pm MOVIE (HR) 2:30-4:30 pm Mah Jongg (AR) 3:00 pm B-I-N-G-O (DR) 4:00 pm Bunco (BI)	5 8:30 am Exercise with Paxxon (FC) 10:45 am Colorado Experience- Documentary (HR) 2:00 pm Group Trivia (HR) 3:00 pm January Birthday Party- Everyone Welcome! (BI) 3:30 pm Eyemart Express services (HR) 7:00 pm Movie Night (Resident Choice) (HR)	6 8:30 am Twist & Bend Seated Dance & Exercise (FC) 8:30 am- 12:00 pm Shopping trip (Any store)**(BUS) 10:00 am Welcome Committee Meeting (LI) 10:00 am 9 Ball in the Bistro (BI) 10:45 am Women's Bible Study (AR) 12:00-2:00 pm 911 Informational Services (LI) 2:00 pm Activities Meeting (HR) 3:00 pm Hand & Foot card game (MR)	7 8:30 am Exercise with Paxxon (FC) 10:00 am Catholic Communion (AL-T) 10:00 am Blood Pressure Clinic- Optimal/Paxxon/AL Nurse (HR) 11:00 am Jeopardy (HR) 3:00 pm B-I-N-G-O (DR)	8 8:30 am Exercise with Paxxon (FC) 10:30 am Coffee Talk with Chef Melissa (HR) 1:00 pm MOVIE (HR) 1:30 pm Movie at Cinemark Theatre \$\$ (BUS)** 4:00 pm Happy Hour Appetizers & Drinks- With George Sisneros (BI)	2 8:30 am Exercise with Paxxon (FC) 10:00 am 9 Ball in the Bistro (BI) 1:30 pm Warm Hearts Knitting and Crochet (AR) 2:00 pm Cards/Games *resident led (BI)
Religious Services Transportation Available  2:30 pm Colorado Springs Baptist Church Service (HR) 4:00 pm When Calls the Heart (HR)	11 8:30 am Exercise with Paxxon (FC) 10:00 am "Dealing with Low Vision" Talk by Paxxon (HR) 1:00 pm MOVIE (HR) 2:30-4:30 pm Mah Jongg (AR) 3:00 pm B-I-N-G-O (DR) 4:00 pm Bunco (BI)	12 8:30 am Exercise with Paxxon (FC) 10:45 am Colorado Experience- Documentary (HR) 2:00 pm Book Club (AR) 2:00 pm Group Trivia (HR) 3:00 pm Social Hour serving chips & artichoke dip (BI) 7:00 pm Movie Night (Resident Choice) (HR)	13 8:30 am- 12:00 pm Shopping trip (Any store)**(BUS) 9:30 am Zumba with Delaney (FC) 10:00 am 9 Ball in the Bistro (BI) 10:45 am Women's Bible Study (AR) 2:00 pm Town Hall Meeting/Foodie Meeting (HR) 3:00 pm Hand & Foot card game (MR)	14 8:30 am Exercise with Paxxon (FC) 10:00am- noon Craft Corner (AR) 11:00 am Jeopardy (HR) 3:00 pm B-I-N-G-O (DR) 5:00 pm Dinner Club (BI)	15 8:30 am Exercise with Paxxon (FC) 11:30 am AI Sushi & Grill \$\$ (BUS)** 1:00 pm MOVIE (HR) 4:00 pm "Resident Toast" Happy Hour Appetizers & Drinks- (BI)	9 10:00 am 9 Ball in the Bistro (BI) 1:30 pm Warm Hearts Knitting and Crochet (AR) 2:00 pm Cards/Games *resident led (BI)
Religious Services Transportation Available  4:00 pm When Calls the Heart (HR)	18 8:30 am Exercise with Paxxon (FC) 1:00 pm MOVIE (HR) 2:30-4:30 pm Mah Jongg (AR) 3:00 pm B-I-N-G-O (DR) 4:00 pm Bunco (BI)	19 8:30 am Exercise with Paxxon (FC) 10:30 am PPLD Library Stop (LO) 10:45 am Colorado Experience- Documentary (HR) 2:00 pm Group Trivia (HR) 3:00 pm Social Hour serving wine & cheese (BI) 7:00 pm Movie Night (Resident Choice) (HR)	20 8:30 am Twist & Bend Seated Dance & Exercise (FC) 8:30 am- 12:00 pm Shopping trip (Any Store)**(BUS) 10:00 am 9 Ball in the Bistro (BI) 2:00 pm Hand & Foot card game (MR)	21 8:30 am Exercise with Paxxon (FC) 10:00 am Catholic Communion (AL-T) 11:00 am Jeopardy (HR) 3:00 pm B-I-N-G-O (DR)	22 8:30 am Exercise with Paxxon (FC) 10:30 am Coffee Talk with Chef Melissa (HR) 1:00 pm MOVIE (HR) 1:00 pm Painting with a Twist \$\$ (BUS)** 4:00 pm Happy Hour Appetizers & Drinks- With Terry Stillwell (BI)	23 10:00 am 9 Ball in the Bistro (BI) 1:30 pm Warm Hearts Knitting and Crochet (AR) 2:00 pm Cards/Games *resident led (BI)
Religious Services Transportation Available  2:30 pm Colorado Springs Baptist Church Service (HR) 4:00 pm When Calls the Heart (HR)	25 8:30 am Exercise with Paxxon (FC) 1:00 pm MOVIE (HR) 2:30-4:30 pm Mah Jongg (AR) 3:00 pm B-I-N-G-O (DR) 4:00 pm Bunco (BI)	26 8:30 am Exercise with Paxxon (FC) 10:45 am Colorado Experience- Documentary (HR) 2:00 pm Book Club (AR) 2:00 pm Group Trivia (HR) 3:00 pm New Resident Social- Everyone Welcome! Serving (BI) 7:00 pm Movie Night (Resident Choice) (HR)	27 8:30 am- 12:00 pm Shopping trip (Any Store)**(BUS) 9:30 am Zumba with Delaney (FC) 10:00 am 9 Ball in the Bistro (BI) 10:45 am Women's Bible Study (AR) 1:00-3:00 pm Winter Wellness Fair (AL) 2:00 pm Hand & Foot card game (MR) 3:00 pm Story Creations Dog Show "Pirate Dogs of the Sea!" (HR)	28 8:30 am Exercise with Paxxon (FC) 10:00am- noon Craft Corner (AR) 11:00 am Jeopardy (HR) 2:00 pm Travel to The Philippines Documentary (HR) 3:00 pm BIG B-I-N-G-O (DR) 4:00 pm Taste of The Philippines Chef Demo (HR)	29 8:30 am Exercise with Paxxon (FC) 10:30 am Coffee Talk with Chef Melissa (HR) 11:30 am Lunch Bunch Jake & Telly's Greek Taverna \$\$ (BUS)** 1:00 pm MOVIE The Sound of Music (1965) (HR) 4:00 pm Happy Hour Appetizers & Drinks- With Lone Wolf (BI)	30 10:00 am 9 Ball in the Bistro (BI) 1:30 pm Warm Hearts Knitting and Crochet (AR) 2:00 pm Cards/Games *resident led (BI)
Australia Day (Observed)						

STC - All activities subject to change due to weather, etc.

HR: Harmony Room MR: Melody Room LI: Library CY: Courtyard BI: Bistro DR: Main Dining Room AR: Art Room PA: Bistro Patio BUS: Bus LO: Lobby FC: Fitness Center PDR: Private Dining: AL-Assisted Living

\*\*Must Sign up

\$\$Resident pays for their own