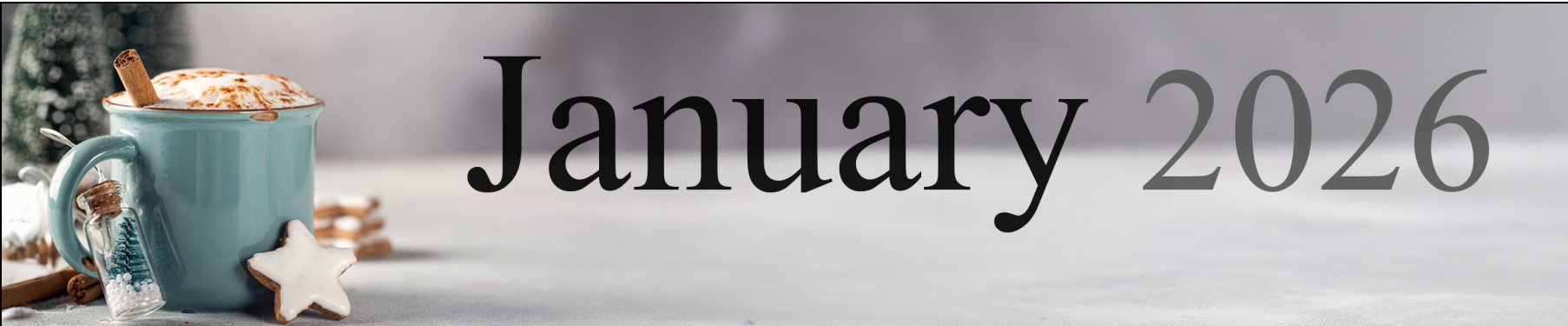



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
				New Year's Day		
Religious Services Transportation Available  4:00 pm When Calls the Heart (HR)	8:30 am Exercise with Paxxon (FC) <b>9:00-10:00 am Hearing Aid Cleaning by HearingLife (HR)</b> <b>10:00 am Exercise Equipment Tutorial with Paxxon (FC)</b> 1:00 pm MOVIE (HR) 2:30-4:30 pm Mah Jongg (AR) <b>3:00 pm B-I-N-G-O (DR)</b> 4:00 pm Bunco (BI)	8:30 am Exercise with Paxxon (FC) 10:45 am Colorado Experience-Documentary (HR) 2:00 pm Group Trivia (HR) <b>3:00 pm January Birthday Party- Everyone Welcome! (BI)</b> <b>3:30 pm Eyemart Express services (HR)</b> <b>7:00 pm Movie Night (Resident Choice) (HR)</b>	<b>8:30 am Twist &amp; Bend Seated Dance &amp; Exercise (FC)</b> <b>8:30 am- 12:00 pm Shopping trip (Any store)**(BUS)</b> <b>10:00 am Welcome Committee Meeting (LI)</b> 10:00 am 9 Ball in the Bistro (BI) 10:45 am Women's Bible Study (AR) <b>12:00-2:00 pm 911 Informational Services (LI)</b> <b>2:00 pm Activities Meeting (HR)</b> 3:00 pm Hand & Foot card game (MR)	8:30 am Exercise with Paxxon (FC) <b>10:00 am Catholic Communion (AL-T)</b> <b>10:00 am Blood Pressure Clinic-Optimal/Paxxon/AL Nurse (HR)</b> 11:00 am Jeopardy (HR) <b>3:00 pm B-I-N-G-O (DR)</b>	8:30 am Exercise with Paxxon (FC) <b>10:30 am Coffee Talk with Chef Melissa (HR)</b> 1:00 pm MOVIE (HR) <b>1:30 pm Movie at Cinemark Theatre \$\$ (BUS)**</b> <b>4:00 pm Happy Hour Appetizers &amp; Drinks- With Charlie Katz (BI)</b>	10:00 am 9 Ball in the Bistro (BI) <b>1:30 pm Warm Hearts Knitting and Crochet (AR)</b> 2:00 pm Cards/Games *resident led (BI)
Religious Services Transportation Available  2:30 pm Colorado Springs Baptist Church Service (HR) 4:00 pm When Calls the Heart (HR)	8:30 am Exercise with Paxxon (FC) <b>10:00 am "Dealing with Low Vision" Talk by Paxxon (HR)</b> 1:00 pm MOVIE (HR) 2:30-4:30 pm Mah Jongg (AR) <b>3:00 pm B-I-N-G-O (DR)</b> 4:00 pm Bunco (BI)	8:30 am Exercise with Paxxon (FC) 10:45 am Colorado Experience-Documentary (HR) 2:00 pm Book Club (AR) 2:00 pm Group Trivia (HR) <b>3:00 pm Social Hour serving chips &amp; artichoke dip (BI)</b> <b>7:00 pm Movie Night (Resident Choice) (HR)</b>	<b>8:30 am- 12:00 pm Shopping trip (Any store)**(BUS)</b> <b>9:30 am Zumba with Delaney (FC)</b> 10:00 am 9 Ball in the Bistro (BI) 10:45 am Women's Bible Study (AR) <b>2:00 pm Town Hall Meeting/Foodie Meeting (HR)</b> 3:00 pm Hand & Foot card game (MR)	8:30 am Exercise with Paxxon (FC) <b>10:00am- noon Craft Corner (AR)</b> 11:00 am Jeopardy (HR) <b>3:00 pm B-I-N-G-O (DR)</b> <b>5:00 pm Dinner Club (BI)</b>	8:30 am Exercise with Paxxon (FC) <b>11:30 am AI Sushi &amp; Grill \$\$ (BUS)**</b> 1:00 pm MOVIE (HR) <b>4:00 pm "Resident Toast" Happy Hour Appetizers &amp; Drinks- (BI)</b>	10:00 am 9 Ball in the Bistro (BI) <b>1:30 pm Warm Hearts Knitting and Crochet (AR)</b> 2:00 pm Cards/Games *resident led (BI)
Religious Services Transportation Available  4:00 pm When Calls the Heart (HR)	8:30 am Exercise with Paxxon (FC) 1:00 pm MOVIE (HR) 2:30-4:30 pm Mah Jongg (AR) <b>3:00 pm B-I-N-G-O (DR)</b> 4:00 pm Bunco (BI)	8:30 am Exercise with Paxxon (FC) <b>10:30 am PPLD Library Stop (LO)</b> 10:45 am Colorado Experience-Documentary (HR) 2:00 pm Group Trivia (HR) <b>3:00 pm Social Hour serving wine &amp; cheese (BI)</b> <b>7:00 pm Movie Night (Resident Choice) (HR)</b>	<b>8:30 am Twist &amp; Bend Seated Dance &amp; Exercise (FC)</b> <b>8:30 am- 12:00 pm Shopping trip (Any Store)**(BUS)</b> 10:00 am 9 Ball in the Bistro (BI) 2:00 pm Hand & Foot card game (MR)	8:30 am Exercise with Paxxon (FC) <b>10:00 am Catholic Communion (AL-T)</b> 11:00 am Jeopardy (HR) <b>3:00 pm B-I-N-G-O (DR)</b>	8:30 am Exercise with Paxxon (FC) <b>10:30 am Coffee Talk with Chef Melissa (HR)</b> 1:00 pm MOVIE (HR) <b>1:00 pm Painting with a Twist \$\$ (BUS)**</b> <b>4:00 pm Happy Hour Appetizers &amp; Drinks- With Terry Stillwell (BI)</b>	10:00 am 9 Ball in the Bistro (BI) <b>1:30 pm Warm Hearts Knitting and Crochet (AR)</b> 2:00 pm Cards/Games *resident led (BI)
	Martin Luther King Jr. Day					
Religious Services Transportation Available  2:30 pm Colorado Springs Baptist Church Service (HR) 4:00 pm When Calls the Heart (HR)	8:30 am Exercise with Paxxon (FC) 1:00 pm MOVIE (HR) 2:30-4:30 pm Mah Jongg (AR) <b>3:00 pm B-I-N-G-O (DR)</b> 4:00 pm Bunco (BI)	8:30 am Exercise with Paxxon (FC) 10:45 am Colorado Experience-Documentary (HR) 2:00 pm Book Club (AR) 2:00 pm Group Trivia (HR) <b>3:00 pm New Resident Social- Everyone Welcome! Serving (BI)</b> <b>7:00 pm Movie Night (Resident Choice) (HR)</b>	<b>8:30 am- 12:00 pm Shopping trip (Any Store)**(BUS)</b> <b>9:30 am Zumba with Delaney (FC)</b> 10:00 am 9 Ball in the Bistro (BI) 10:45 am Women's Bible Study (AR) <b>1:00-3:00 pm Winter Wellness Fair (AL)</b> 2:00 pm Hand & Foot card game (MR) <b>3:00 pm Story Creations Dog Show "Pirate Dogs of the Sea!" (HR)</b>	8:30 am Exercise with Paxxon (FC) <b>10:00am- noon Craft Corner (AR)</b> 11:00 am Jeopardy (HR) <b>2:00 pm Travel to The Philippines Documentary (HR)</b> <b>3:00 pm BIG B-I-N-G-O (DR)</b> <b>4:00 pm Taste of The Philippines Chef Demo (HR)</b>	8:30 am Exercise with Paxxon (FC) <b>10:30 am Coffee Talk with Chef Melissa (HR)</b> <b>11:30 am Lunch Bunch Jake &amp; Telly's Greek Taverna \$\$ (BUS)**</b> 1:00 pm MOVIE The Sound of Music (1965) (HR) <b>4:00 pm Happy Hour Appetizers &amp; Drinks-With Lone Wolf (BI)</b>	10:00 am 9 Ball in the Bistro (BI) <b>1:30 pm Warm Hearts Knitting and Crochet (AR)</b> 2:00 pm Cards/Games *resident led (BI)
	Australia Day (Observed)					

STC - All activities subject to change due to weather, etc.

\*\*Must Sign up

\$\$Resident pays for their own

HR: Harmony Room MR: Melody Room LI: Library CY: Courtyard BI: Bistro DR: Main Dining Room AR: Art Room PA: Bistro Patio BUS: Bus LO: Lobby FC: Fitness Center PDR: Private Dining AL-Assisted Living