

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

February 2026

XOXO

9:00am Catholic Church Service 9:00am Lutheran Church Service 10:00am Video Exercise 1:30pm Colorado Documentary 3:00pm Short Films YouTube 4:00pm Resident Led Games	1 10:00am Heart Health Month Presentation-Moving the Heart 10:15am-11:00am Hearing Aid Clinic 10:30am Rise + Shine Stretches with Danielle 1:30pm Guess +Giggle: Ground Hog Day 2:30pm King's in the Corner 3:00pm Bible Study with Terri+Mark 4:00pm Resident Led Games	2 10:00am Coffee Chat with Melissa 10:30am Video Exercise 1:30pm Bingo 2:30pm Moving the Heart Facts: True or False 3:00pm Coffee, Tea, and Cocoa Round Table Discussions 4:00pm Resident Led Games	3 8:30am Shopping Trip 10:30am Video Exercise 1:30pm Valentine's Day Pictures with Brighton Hospice 2:30pm Moving the Heart Facts: TED TALKS-Small Steps Towards a Heart Healthy Mind 3:00pm Superbowl Commercial Watch Party 4:00pm Rendever Arm Chair Travels	4 10:00am Predicting the Outcome: Superbowl LX 10:30am Balance Training with Danielle 1:30pm Bingo 2:30pm Moving the Heart: Hand to Heart Breathing 3:00pm Moving the Heart: Table vs. Table Pub Style Trivia 4:00pm Resident Led Games	5 10:00am National Wear Red Day Photo 10:30am Zumba with Danielle 1:30pm Heart Happy Crafts with Eloise Hasting 2:30pm Ice Cream Social 3:00pm Entertainment: Lone Wolf 4:00pm Resident Led Games	6 10:00am February Mind Games: Adult Coloring 10:30am Video Exercise 1:30pm Movie Matinee: Resident Choice 3:00pm February Reads 4:00pm Resident Led Games
Super Bowl Sunday 9:00am Catholic Church Service 9:00am Lutheran Church Service 10:00am Video Exercise 1:30pm Tailgate Party Superbowl LX 2:30pm Superbowl Squares 4:30pm Superbowl LX	8 10:00am Heart Health Month Presentation-Feeding the Heart 10:30am Rise + Shine Stretches 1:30pm GO Team! Therapy Dogs 2:30pm King's in the Corner 3:00pm Bible Study with Terri+Mark 4:00pm Resident Led Games	9 10:00am Coffee Chat with Melissa 10:30am Video Exercise 1:30pm Bingo 2:30pm Feeding the Heart: Hydrations Stations +Facts 3:00pm Resident Council + Food Forum 4:00pm Resident Led Games	10 8:30am Shopping Trip 10:30am Video Exercise 1:30pm Scenic Drive 2:30pm Feeding the Heart Facts: TED TALKS-Diet and Lifestyle Change 3:00pm Post Office Valentine's Day Cards 4:00pm Rendever Arm Chair Travels	11 10:00am Valentine's Day Love Stories 10:30am Balance Training with Danielle 1:30pm Heart Bingo 2:30pm Feeding the Heart: Healthy Eating and Yummy Snacks 3:00pm Feeding the Heart: Table vs Table Pub Style Trivia 4:00pm Resident Led Games	12 10:00am Valentine's Day Love Stories 10:30am Zumba with Danielle 1:00pm Veteran's Chat with Choice Hospice 2:30pm Ice Cream Social 3:00pm Cupid's Cafe Valentine's Day Party with George Smith 4:00pm Resident Led Games	13 10:00am February Mind Games: Adult Coloring 10:30am Video Exercise 1:30pm Movie Matinee: Resident Choice 3:00pm February Reads 4:00pm Resident Led Games
Valentine's Day						
9:00am Catholic Church Service 9:00am Lutheran Church Service 10:00am Video Exercise 1:30pm Colorado Documentary 3:00pm Short Films YouTube 4:00pm Resident Led Games	15 10:00am Heart Health Month Presentation-Calming the Heart 10:30am Rise + Shine Stretches 1:30pm Calming the Heart-Being Seen Moments 2:30pm King's in the Corner 3:00pm Bible Study with Terri+Mark 4:00pm Resident Led Games	16 10:00am Coffee Chat with Melissa 10:30am Video Exercise 1:30pm Bingo 2:30pm Calming the Heart: Meditation 3:00pm Mardi Gras Birthday Party! 4:00pm Resident Led Games	17 8:30am Shopping Trip 10:30am Video Exercise 1:30pm Lunch Bunch: Paravicini's 2:30pm Calming the Heart-TED TALKS-Reducing Stress 3:00pm The Meaning to The Colors 4:00pm Rendever Arm Chair Travels	18 10:00am The Meaning Behind Mardi Gras 10:30am Balance Training with Danielle 1:30pm Bingo 2:30pm Calming the Heart: Practicing Mindfulness 3:00pm Calming the Heart: Table vs Table Pub Style Trivia 4:00pm Resident Led Games	19 10:00am Valentine's Day Love Stories 10:30am Zumba with Danielle 1:30pm Calming the Heart: Classical Music + Painting 2:30pm Ice Cream Social 3:00pm Resident Led Games	20 10:00am February Mind Games: Adult Coloring 10:30am Video Exercise 1:30pm Movie Matinee: Resident Choice 3:00pm February Reads 4:00pm Resident Led Games
21						
9:00am Catholic Church Service 9:00am Lutheran Church Service 10:00am Video Exercise 1:30pm Colorado Documentary 3:00pm Short Films YouTube 4:00pm Resident Led Games	22 10:00am Heart Health Month Presentation-Connecting the Heart 10:30am Rise + Shine Stretches 1:30pm Connecting the Heart-Guess the Majority 2:30pm King's in the Corner 3:00pm Bible Study with Terri+Mark 4:00pm Resident Led Games	23 10:00am Coffee Chat with Melissa 10:30am Video Exercise 1:30pm Bingo 2:30pm Popcorn Station with Optimal Home Health + Hospice 3:00pm Connecting the Heart: That Happened/ That Didn't Happen 4:00pm Resident Led Games	24 8:30am Shopping Trip 10:30am Video Exercise 1:30pm Lunch Bunch: Paravicini's 2:30pm Connecting the Heart-TED Talks the Benefits of Socializing 3:00pm Connecting the Heart: Guided Conversation 4:00pm Rendever Arm Chair Travels	25 10:00am Reading Letters from Elementary School Kids 10:30am Balance Training with Danielle 1:30pm Bingo 2:30pm Connecting the Heart: Jokes and Riddles 3:00pm Connecting the Heart: Table vs Table Pub Style Trivia 4:00pm Resident Led Games	26 10:00am Valentine's Day Love Stories 10:30am Zumba with Danielle 1:30pm Heart Happy Crafts: March Decor 2:30pm Ice Cream Social 3:00pm Entertainment: George Whitesell 4:00pm Resident Led Games	27 10:00am February Mind Games: Adult Coloring 10:30am Video Exercise 1:30pm Movie Matinee: Resident Choice 3:00pm February Reads 4:00pm Resident Led Games
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