

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 7	1 10:00 Daily Chronicles 10:30 11:00 Craft Corner: Gingerbread House 2:00 Travelogue: Christmas in Mexico 3:30 Feliz Navidad Trivia	2 10:00 Morning News Break 10:30 Exercise with Paxxon 11:00 Snack & Chat 11:30 Art Corner: Holiday Portraits 2:30 Live Entertainment with the Cary Canaries	3 10:00 Daily Chronicles 10:30 Who, What, where: Fruitcakes 11:00 Ring Toss 2:00 BINGO 3:30 Cranium Crunch	4 10:00 Morning News Break 10:30 Drum Circle with Chris 11:30 Exercise with Paxxon 2:00 Throwback Thursday 1940's Pop Culture 3:30 Better now or then?	5 10:00 Daily Chronicles 10:30 Live Entertainment with Heather: Childhood Christmas 11:00 Balloon Volleyball 2:00 BINGO 3:30 Movie & Popcorn	6 10:00 Sittercise 10:30 Parachute 11:00 Art Corner 2:30 Bingo 3:30 Spa Time 4:00 Cranium Crunches
10:00 Sunday Service 11:00 Moving and Grooving 11:30 Ball Toss 2:30 Smoothie Social 3:00 Bingo 4:30 Mindful Meditation 7	8 10:00 Morning News Break 11:00 Craft Corner: Christmas Picture Frame 2:00 Comfort Dogs 2 :00 National Brownies Day 3:30 Live Entertainment with Jacobs High School Goldenaires	9 10:00 Daily Chronicles 10:30 Exercise with Paxxon 11:00 Travelogue: Cruising the Nile 11:00 Snack & Chat 2:00 Dominoes 3:30 Music with Emma	10 10:00 Morning News Break 10:00 Live Catholic Mass with St. Elizabeth Ann Seaton 10:30 Cornhole 11:00 Who, What, where: Ricardo Montalbán 2:00 Rummy 3:30 Table Activities	11 10:00 Daily Chronicles 10:30 Exercise with Paxxon 11:00 Balloon Volleyball 2:00 Throwback Thursday 3:30 Table Activities	12 10:00 Morning News Break 10:00 Holiday Photo Shoot with Journey Care 10:30 Good Morning Melody, Donuts and Coffee Social 2:30: Melody Music Maker Performance and Social	13 10:00 Sittercise 10:30 Balloon Toss 11:00 Art Corner 2:30 Bingo 3:30 Spa Time 4:00 Cranium Crunches
10:00 Sunday Service 11:00 Moving and Grooving 11:30 Ring Toss 2:30 Smoothie Social 3:00 Bingo 4:00 Mindful Meditation 14 Hanukkah Begins	15 10:00 Daily Chronicles 10:30 Arm Exercises 11:00CraftCorner: Christmas Ornament 2:00 Travelogue: Cologne, Germany 3:30 Community Chatter	16 10:00 Morning News Break 10:30 Exercise with Paxxon 11:00 Snack & Chat 2:30 Monthly Birthday Party Hosted by Heartland 3:30 Trivia and Puzzles	17 9:00 What's cooking with Chef Kevin: Swedish Pancakes 10:00 Daily Chronicles 10:30 Balloon Volleyball 11:00 Who, What, where: Pinata 2:00 BINGO 3:30Christmas Mariachi Word Search	18 10:00 Morning News Break 10:30 Exercise with Paxxon 11:00 Throwback Thursday 2:00 3:30 Table Activities	19 10:00 Daily Chronicles 10:00 St. Elizabeth Seaton Delivers Communion 10:30 Upper Body Stretches 11:00 Ring Toss 2:00 BINGO 3:30 Cookie Decoration Dress Like a Elf 6-8pm Community Christmas Party	20 10:00 Sittercise 10:30 Dice Game 11:00 Art Corner 2:30 Bingo 3:30 Spa Time 4:00 Cranium Crunches
10:00 Sunday Service 11:00 Moving and Grooving 11:30 Bowling 2:30 Smoothie Social 3:00 Bingo 5:45 Mindful Meditation 21 Winter Begins	22 10:00 Morning News Break 10:30Upper Body Stretches 11:00 Craft Corner: Stocking Stuffers 2:00 Travelogue: The Great Lakes 3:30 Table Activities	23 10:00 Daily Chronicles 10:30 Exercise with Paxxon 11:00 Snack Chat 2:00 Christmas, Kwanzaa, Hanukkah Traditions 3:30 December Birthday Celebration	24 10:00 Morning News Break 10:30 Ball Extraction Game 11:00 Holiday wish list 2:00 Gratitude and Blessings 3:30 National Eggnog Day	25 10:00 Daily Chronicles 10:30 Exercise with Paxxon 11:00 Throwback Thursday: Childhood Xmas L1st 3:30A Holly Jolly Burl Ives Christmas	26 10:00 Morning News Break 10:30 Brain Health Teasers 11:00 What's Cooking 2:00 BINGO 3:30 Movie & Popcorn Boxing Day (Canada) Kwanzaa Begins	27 10:00 Sittercise 10:30 Parachute 11:00 Art Corner 2:30 Bingo 3:30 Spa Time 4:00 Cranium Crunches
10:00 Sunday Service 11:00 Moving and Grooving 11:30 Ball Toss 2:30 Smoothie Social 3:00 Bingo 5:45 Mindful Meditation 28	29 10:00 Daily Chronicles 10:30 Spiro 100 Exercise 11:00CraftCorner: 2:00Travelogue: Meteora, Greece 3:30 Table Activities	30 10:00 Morning News Break 10:30 Exercise with Paxxon 11:00 Snack & Chat 2:30 Live Entertainment and Countdown with Michelle Christensen 3:30Sundae Social	31 10:00 Daily Chronicles 10:30 Chair Yoga 11:00 Balloon Badminton 2:00 BINGO 3:30 New Years Eve Hat & Glasses Craft New Year's Eve	December 2025 Bridge Life Enrichment Calendar 		