

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Memory Care Life Enrichment Calendar		10:00 Morning News Break 10:30 Exercise with Paxxon 11:00 Table Activities 2:30 Live Comedy with Debbie Maxwell 3:30 Maple Leaf Collage 3:45 American Spirit Social and Red White and Blue Trivia 6:00 Mindful Relaxation Canada Day	10:00 Morning News Break 10:30 Daily Chronicle 11:00 Bodies in Motion 11:30 Table Time 2:30 Music on the Patio 3:30 Card Bingo 4:00 Community Chatter 6:00 Mindful relaxation	10:30 Exercise with Paxxon 10:30 Live Entertainment with Greg Roganlinski 2:30 Summer Word Search July Fireworks Show 3:30 Table Time 6:00 Mindful Relaxation	10:00 Morning News Break 10:30 Daily Chronicle 11:00 Bodies in Motion 11:30 Art Corner: Making USA Flag 2:30 Root beer Float Social 2:30 New York City Macy's 4 th of July Fireworks Show 4:00 Community Chatter 6:00 Evening Matinee Independence Day (US)	10:00 Sittercise 10:30 Parachute 11:00 Art Corner with Silvia 2:30 Bingo 3:30 Spa Time 4:00 Cranium Crunches
10:00 Sunday Service 11:00 Moving and Grooving with Silvia 11:30 Ring Toss 2:30 Smoothie Social 3:00 Bingo 5:45 Mindful Meditation	10:00 Morning News Break 10:30 Daily Chronicle 11:00 Bodies in Motion 11:30 Table Time 2:30 Back and Forth Art Project 4:00 Community Chatter 6:00 Evening Matinee	10:00 Morning News Break 10:30 Exercise with Paxxon 11:00 Table Activities 2:30 Summer Coloring Corner 6:00 Mindful Relaxation	10:00 Morning News Break 10:30 Daily Chronicle 11:00 Bodies in Motion 11:30 Table Time 2:30 Music on the Patio 2:30 Comfort Dogs 3:30 Christmas in July BINGO 4:00 Community Chatter 6:00 Mindful relaxation	10:30 Exercise with Paxxon 2:30 Patio Time 2:30 National Pina Colada Social 3:30 Creative Station: 6:00 Mindful Relaxation	10:00 Morning News Break 10:30 Daily Chronicle 11:00 Bodies in Motion 11:30 Board Games 2:30 Star of Month: Russel Crow 4:00 Community Chatter 6:00 Evening Matinee	10:00 Sittercise 10:30 Balloon Toss 11:00 Art Corner with Silvia 2:30 Bingo 3:30 Spa Time 4:00 Cranium Crunches
10:00 Sunday Service 11:00 Moving and Grooving with Silvia 11:30 Art Corner 2:30 Smoothie Social 3:00 Bingo 5:45 Mindful Meditation	10:00 Morning News Break 10:30 Daily Chronicle 11:00 Bodies in Motion 11:30 Table Time 2:30 What's cooking? Virgin Pina Coladas. 2:30 Cycling without Age Rides 4:00 Community Chatter 6:00 Evening Matinee	10:00 Morning News Bre 10:30Exercise with Paxxon 11:00 Table Activities 2:30 America's Got Talent 6:00 Mindful Relaxation	10:00 Morning News Break 10:30 Daily Chronicle 11:00 Bodies in Motion 11:30 Table Time 2:30 Comedy Club: Jokes and Puns 3:30 Smile Bingo 4:00 Community Chatter 6:00 Mindful relaxation	10:30 Exercise with Paxxon 2:30 Summer Word Search 2:45 Around the World presentation "South Africa" 3:30 Creative Station 6:00 Mindful Relaxation	10:00 Morning News Break 10:30 Daily Chronicle 11:00 Bodies in Motion 11:30 Parachute 2:30 Short Story: The Greying Homestead 4:00 Community Chatter 6:00 Evening Matinee	10:00 Sittercise 10:30 Noodles of fun 11:00 Art Corner with Silvia 2:30 Bingo 3:30 Spa Time 4:00 Cranium Crunches
10:00 Sunday Service 11:00 Moving and Grooving with Silvia 11:30 Ball Toss 2:30 Smoothie Social 3:00 Bingo 5:45 Mindful Meditation	10:00 Morning News Break 10:30 Daily Chronicle 11:00 Bodies in Motion 11:30 Table Time 2:30 Drama Club: Sweet Romance 4:00 Community Chatter 6:00 Evening Matinee	Sports Jersey Day 10:00 Morning News Break 10:30 Exercise with Paxxon 11:00 Table Activities 2:30 Three Stooges 6:00 Mindful Relaxation	9:00 What's Cooking with Chef Kevin? Omelets 10:30 Daily Chronicle 11:00 Bodies in Motion 11:30 Table Time 2:30 Jeopardy 4:00 Community Chatter 6:00 Mindful relaxation	10:30 Exercise with Paxxon 2:30 Shake up the Truth 2:30 Live Entertainment with Dante Disco 50's 60's 70's 3:30 Creative Station 6:00 Mindful Relaxation	10:00 Morning News Break 10:30 Daily Chronicle 11:00 Bodies in Motion 2:30 Travelogue: New Zealand 2:30 Artful Expression with Fleurette of Journey Care 4:00 Community Chatter 6:00 Evening Matinee	10:00 Sittercise 10:30 Parachute 11:00 Art Corner with Silvia 2:30 Bingo 3:30 Spa Time 4:00 Cranium Crunches
10:00 Sunday Service 11:00 Moving and Grooving with Silvia 11:30 Melody Jam Session 2:30 Smoothie Social 3:00 Bingo 5:45 Mindful Meditation	10:00 Morning News Break 10:30 Daily Chronicle 11:00 Bodies in Motion 11:30 Table Time 2:30 Cycling without Age Rides 2:30 Drama Club: Sweet Romance 4:00 Community Chatter 6:00 Evening Matinee	10:00 Morning News Break 10:30 Exercise with Paxxon 11:00 Table Activities 2:30 Three Stooges 6:00 Mindful Relaxation	10:30 Daily Chronicle 11:00 Bodies in Motion 11:30 Table Time 2:30 What's Cooking? Greek yogurt Blueberry Muffins 2:30 Comfort Dogs 4:00 Community Chatter 6:00 Mindful relaxation	10:30 Exercise with Paxxon 2:30 July Trivia 3:30 Creative Station: 6:00 Mindful Relaxation		